

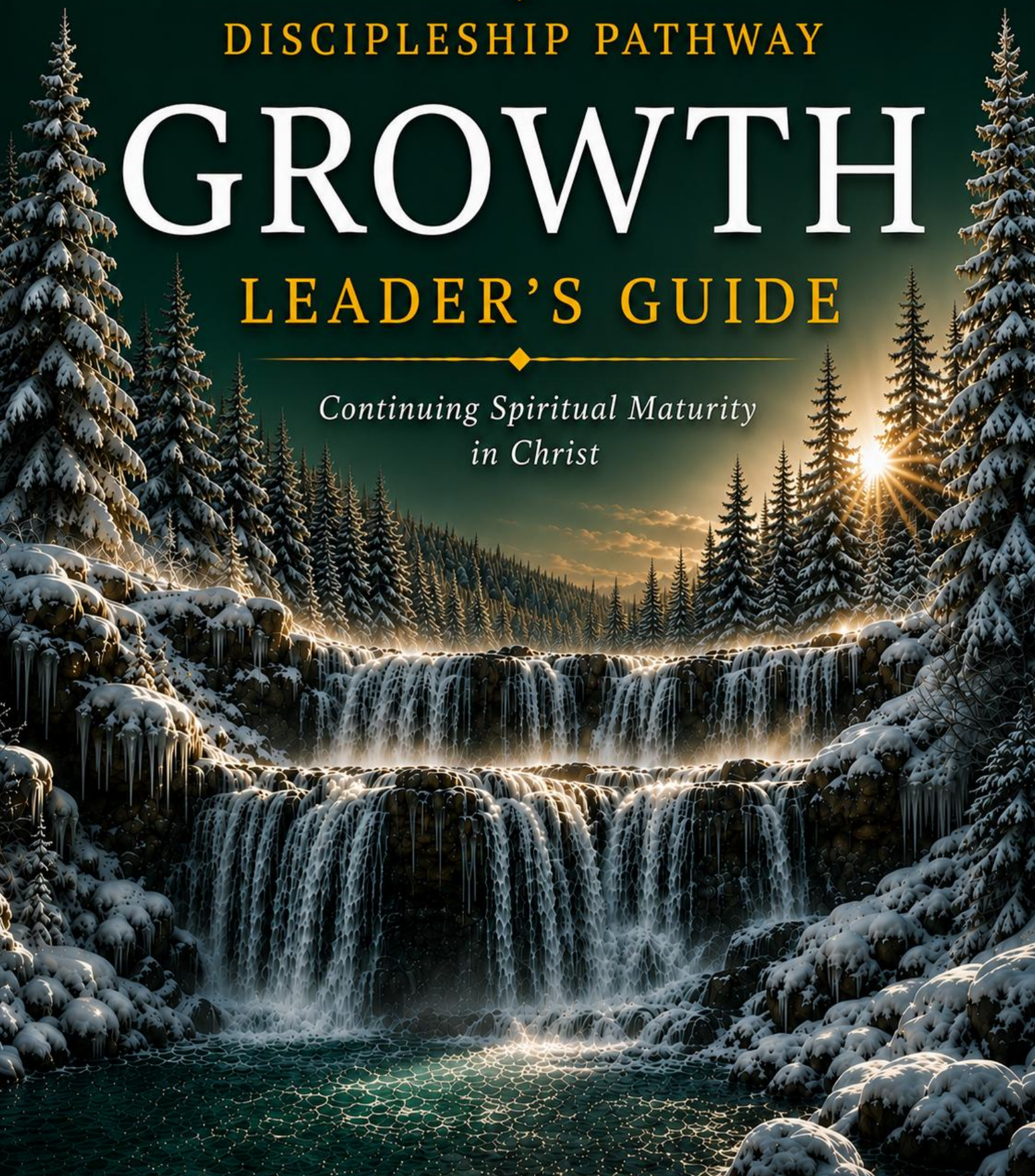
THE BROKEN STRONG

DISCIPLESHIP PATHWAY

GROWTH

LEADER'S GUIDE

*Continuing Spiritual Maturity
in Christ*



THE BROKEN STRONG

The Broken Strong Discipleship Pathway

GROWTH

Leader Guide

Pillar Four · Six-Meeting Guide
28 Daily Devotionals + 3 Bonus Days

Broken Before God. Strong in Christ.

thebrokenstrong.com

How to Use This Leader Guide

This guide prepares you to lead your group through the Growth pillar of The Broken Strong Discipleship Pathway. Read each meeting's section before you arrive — not during the meeting. Your preparation is what makes the conversation go deep.

Each meeting section includes:

- **Meeting Purpose** — What this meeting is designed to accomplish.
- **Agenda** — The order the meeting flows in, start to finish.
- **Leader Prep** — What to read, pray through, or think about before you arrive.
- **Opening Question** — A warm-up that lowers defenses and gets the room talking honestly.
- **Discussion Questions** — One targeted question per devotional — pulled from the content.
- **Leader Notes** — Pastoral guidance on what to watch for and where to linger.
- **Weekly Challenge** — A concrete next step to send participants away with.
- **Closing** — How to end the meeting well — always prayer, always by name.

Four reminders that apply every week:

- **Pace the conversation, not the content.** One question answered honestly is worth more than six answered quickly. Read the room.
- **Your honesty leads the way.** People will not go somewhere you will not go first. Answer your own questions honestly before you ask them of others.
- **Guard the daily rhythm.** One devotional per day — not ahead, not behind. Follow up on this every week.
- **End on prayer.** Specific, personal, by name. Every meeting, every time.

Meeting 1 · Introduction Night

Before Day 1 Begins · Materials, Expectations, Covenant, Assessment

About This Meeting

Growth is Pillar Four of The Broken Strong Discipleship Pathway. Whether this group has walked through Identity, Integrity, and Endurance together or is starting fresh here, Meeting 1 is always a Full Introduction Night. Don't assume familiarity — treat this group as new, because the material, the commitment, and often some of the people in the room are new. The introduction cannot be abbreviated; the foundation it builds is what every subsequent meeting stands on.

Meeting Purpose

Identity settles who a person is. Integrity asks whether daily life reflects it. Endurance asks whether that faithfulness holds under pressure. Growth asks the next question: what does it look like to keep becoming — without losing your center as capacity, influence, and responsibility increase? Tonight sets that tone. Growth is not arrival. It's the ongoing work of maturing in a way that stays rooted even as it expands. By the end of this meeting every person in the room should know what they are committing to, trust the group enough to begin honestly, and leave with Day 1 ready to read tomorrow morning.

Suggested Agenda

- **Welcome & Introductions** — Ask each person: where do you most want to grow right now, and what's been getting in the way?
- **The Vision** — What growth actually means, why it's the final step in this pathway, and what these 31 days are designed to do.
- **How It Works** — Walk through the workbook together — daily rhythm, the journal prompts, what to bring to the meeting each week.
- **Start Assessment** — Complete together in the room. Honest, quiet, individual. Not discussed tonight — it is their starting point.
- **Covenant** — Read it together. Give people time to actually read each commitment. Sign it before they leave.
- **Assign Memory Verse** — Read 1 Peter 2:2 together. This is the Week 1 verse — they'll recite it at Meeting 2.
- **Distribute Materials** — Devotional book, workbook, pen. Walk them through what goes where.

- **Close & Prayer** — Assign Day 1 — starts tomorrow morning, not tonight. Pray over each person by name.

Memory Verse

Assign This Week

“As newborn babes, desire the sincere milk of the word, that ye may grow thereby.”
— 1 Peter 2:2

Leader Prep

- Read through the full Introduction Night section of the workbook before tonight so you can walk the group through it naturally.
- Have all materials ready to distribute — devotional books, workbooks, pens — before people arrive.
- If this group is continuing from Identity, Integrity, or Endurance, resist the urge to assume everyone remembers everything. Some will. Some won't. Meet them where they are tonight.
- Pray through the group by name before you arrive. Growth exposes both appetite and pride — ask God to go ahead of you into both.
- Set up the room so it feels intentional. Chairs in a circle, not rows. It signals this is a conversation, not a lecture.

Opening Question

Where do you most want to grow right now, and what's been getting in the way of it?

Give everyone in the room a chance to answer. Write down every answer. These are the starting points this pillar is going to work on — you may want to return to them at Meeting 6.

Walking Through the Covenant

Do not rush the covenant. Read each section aloud together. Ask if there are any commitments that feel unclear or that someone wants to talk through before signing. The covenant is not a formality — it is the agreement that makes honest community possible.

Two commitments worth spending extra time on:

Confidentiality. Growth work surfaces real ambition, real insecurity, and real blind spots. What is said in this room stays in this room. No exceptions.

The daily rhythm. One devotional per day. Not ahead. Not behind. This is not a suggestion — it is what makes the group conversation work each week. Everyone is in the same place in the material.

The Start Assessment

The assessment is completed individually and quietly. It is not discussed tonight. Tell the group:

“There are no right answers. The only wrong answer is one that isn't true. This is between you and God. You will complete the same assessment after Day 31, and the comparison is for you — not for the group.”

Give them enough time. Do not hurry. The questions are designed to surface things quietly — let them.

Distributing Materials

When you hand someone their devotional book and workbook, say something like:

“The devotional book is yours to keep. Read it every morning — one day at a time. The workbook is where you do the work. Bring it to every meeting.”

Briefly walk through the workbook structure — where the daily journal pages are, how the weekly accountability page works, and where they will find the memory verse for Week 1.

Closing

Before you pray, give the group the two non-negotiables one more time:

Don't read ahead. The material is sequenced intentionally.

Don't fall behind. One day at a time keeps everyone in the same conversation.

Then pray — by name, for what was shared in that opening answer, for what God is going to do in each person over the next 31 days. Make the prayer specific enough that they know you actually heard them tonight.

Meeting 2 · Growing Deep Before Growing Wide

Days 1–7 · The Foundation of Growth — Roots, Renewal, Hunger, and Discipline

Meeting Purpose

This week's material is about the unseen roots that make visible growth sustainable — an inward foundation, a renewed mind, real hunger for God's word, willingness to be pruned, faithfulness in small things, and actual discipline rather than wishful thinking. The goal tonight is to help people see that growth that lasts always starts beneath the surface, before it ever becomes visible.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Did everyone complete all 7 days? Recite this week's memory verse.
- **Opening Question** — Warm the room before the deeper questions.
- **Discussion** — Work through the discussion questions. Don't rush. Follow what surfaces.
- **Weekly Challenge** — Give it clearly. Ask them to write it in their workbook.
- **Assign Memory Verse** — Read Luke 12:48 together — next week's verse.
- **Close & Prayer** — By name. For what was shared.

Memory Verse

Recite This Week

“As newborn babes, desire the sincere milk of the word, that ye may grow thereby.”
— **1 Peter 2:2**

Assign Next Week

“For unto whomsoever much is given, of him shall be much required.”
— **Luke 12:48**

Leader Prep

- Read Days 1–7 again before this meeting. Mark what hit you personally — that is likely what will hit others.
- Review each person's accountability card if they've shared it. Know who struggled to keep the daily rhythm.

- Be ready to recite this week's memory verse yourself.
- The opening question this week should feel low-stakes. The room is still new. Don't push too hard too fast.

Opening Question

What's one thing from this first week's reading that surprised you, convicted you, or that you couldn't stop thinking about?

Discussion Questions

Day 1 — Growing Deep Before Growing Wide

Where have you been tempted to grow wide — more activity, more visibility — before growing deep, rooted and grounded in love? What would growing deep actually look like for you right now?

Day 2 — Renewing the Mind

What pattern of thinking has this world shaped in you that needs to be renewed, not just resisted?

Day 3 — Hunger That Produces Maturity

Would you describe your appetite for God's word right now as real hunger, casual interest, or something in between? What's changed it, one way or the other?

Day 4 — Pruning for Greater Fruit

Has God pruned something from your life recently — a relationship, a habit, a responsibility? What did that subtraction make possible?

Day 5 — Faithfulness in Small Increase

What small, unglamorous responsibility right now is quietly revealing whether you're ready for something bigger?

Day 6 — Discipline That Expands Capacity

Where do you rely on wishful thinking instead of actual discipline when it comes to your own growth?

Day 7 — Teachable and Correctable

Think of the last time you were corrected about something. Did you respond like the scorner in Proverbs, or like the wise man? Be honest.

Leader Notes

Day 7 is the hinge of this week. Don't rush past it. Growth depends entirely on how a person receives correction — this is where the group first names their own honest pattern, defensive or teachable.

The room is still new. Some people will answer these questions with polished, general answers rather than specific ones. Don't push for depth that hasn't been earned yet — but do model it yourself. Your honest answer opens more doors than any technique.

Watch for the person who talks about growth entirely in terms of output — more activity, more accomplishment — without ever mentioning the inward, unseen side (Day 1, Day 4). Gently redirect toward the roots, not just the fruit.

Weekly Challenge

Identify one area of your life where you've been growing wide without growing deep. Choose one specific, concrete step this week to strengthen the root, not just the visible branch.

Closing

Pray specifically for each person by name. If someone named a specific area of pruning or discipline, pray strength into that directly.

Meeting 3 · Capacity Before Opportunity

Days 8–14 · Increase, Balance, Communication, Accountability, and Maturing Responsibility

Meeting Purpose

This week moves into what happens when growth actually produces increase — more responsibility, more influence, more decisions, more people watching. The goal tonight is to help people see that increase is not automatically dangerous, but it does require reinforcement: balance, refined communication, deeper accountability, and vision that doesn't inflate the ego.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm check. Recite this week's memory verse.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read 1 Corinthians 10:12 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“For unto whomsoever much is given, of him shall be much required.”

— **Luke 12:48**

Assign Next Week

“Wherefore let him that thinketh he standeth take heed lest he fall.”

— **1 Corinthians 10:12**

Leader Prep

- Day 9 (Faithful With More) is the hinge of this week — increased capacity always brings increased requirement. Make sure the group feels the weight of that, not just the privilege of increase.

- Day 12 (Deepening Accountability) can surface real resistance — people who have quietly started operating with less oversight as their capacity grew. Let that be named honestly, without shame.
- Know this week's memory verse well enough to speak to why increase always requires more, not less, watchfulness.
- Ask yourself before you arrive: as my own capacity has grown, has my accountability grown with it? Answer honestly tonight, first.

Opening Question

As your responsibility or influence has grown in any area of life, has the weight of that growth grown with it in your own mind — or has it stayed the same?

Discussion Questions

Day 8 — Capacity Before Opportunity

Isaiah says to lengthen the cords but also strengthen the stakes. Are you currently reinforcing your foundation before or after chasing enlargement? What needs strengthening before you stretch further?

Day 9 — Faithful With More

As your responsibility or influence has grown, has “much shall be required” grown with it in your own thinking, or has it stayed the same?

Day 10 — Expanding Without Losing Balance

Where has growth started to crowd out rest in your life? What would it actually look like to obey Jesus' instruction to “come ye yourselves apart... and rest a while”?

Day 11 — Refining Communication as You Grow

As your influence has increased, has your speech become more careful and life-giving, or has it stayed casual in ways that now carry more weight than you realize?

Day 12 — Deepening Accountability as Influence Increases

As your capacity has grown, has your accountability grown with it — or have you quietly started operating with less oversight than before?

Day 13 — Expanding Vision Without Expanding Ego

When you picture where God is taking you next, is your vision bigger than your humility can currently carry? How would you actually know?

Day 14 — Responsibility That Matures You

What responsibility currently in your hands is doing the most to refine your character, whether you asked for that refining or not?

Leader Notes

This week can feel abstract if the group hasn't experienced significant increase yet. Reframe as needed — “increase” can mean a new role at work, a growing family, more people relying on you, not just formal leadership.

Day 12 is worth extra time. Independence often masquerades as maturity — people assume that increased capacity should mean less oversight. Make the opposite case clearly: more influence requires more counsel, not less.

Watch for pride disguised as vision on Day 13. Big vision and genuine humility aren't opposites, but they can feel like they are to someone still working this out. Let the tension stay a little uncomfortable rather than resolving it too neatly.

Weekly Challenge

Identify one place where your capacity has grown faster than your accountability. This week, take one concrete step to close that gap — invite feedback, ask a direct question, or bring someone into a decision you've been making alone.

Closing

Pray specifically for humility to match whatever growth God has given each person. Pray by name.

Meeting 4 · Wisdom Under Weight

Days 15–21 · Discernment, Restraint, Motive, Clarity, and Staying Grounded

Meeting Purpose

This week goes into the harder inner tests of growth — discernment, patience before reaction, saying no, examining real motives, making complex decisions, choosing long-term reward over immediate comfort, and staying grounded while rising. The goal tonight is to help people see that maturity is measured less by what they can now do and more by how carefully they now choose.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Follow up on last week's challenge.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Mark 8:36 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“Wherefore let him that thinketh he standeth take heed lest he fall.”

— **1 Corinthians 10:12**

Assign Next Week

“For what shall it profit a man, if he shall gain the whole world, and lose his own soul?”

— **Mark 8:36**

Leader Prep

- Day 18 (Testing Motives as You Rise) can feel exposing. Prepare for this. It is a gift when someone is honest about a mixed motive — not a disruption.
- Day 21 (Staying Grounded While Rising) is the hinge of this week and closes it exactly where it needs to — with a warning, not a victory lap. Don't let the discussion end anywhere but there.

- This week's memory verse (Mark 8:36) is short but heavy. Be ready to sit with it rather than rushing past it.
- Ask yourself: where has my own growth started to outpace my discernment? Answer honestly before you lead.

Opening Question

As you've grown in any area of life, where have you felt most exposed to the temptation of thinking you'd already arrived?

Discussion Questions

Day 15 — Learning to Discern

Where are you still relying on someone else to tell you right from wrong, instead of having your own senses “exercised to discern”?

Day 16 — Wisdom Before Reaction

Where in your life do you most often react quickly instead of pausing to actually understand first?

Day 17 — Knowing When to Say No

What's something currently on your plate that's lawful and good but not actually helpful for you to keep carrying? Why haven't you said no yet?

Day 18 — Testing Motives as You Rise

As your influence has grown in any area, what mixed motive have you had to be honest with God about?

Day 19 — Clarity in Complex Decisions

Describe a current decision that doesn't have an obvious right answer. What would it look like to trust God rather than just picking whichever option feels safest?

Day 20 — Choosing Long Term Over Immediate

Where are you currently being tempted to trade a long-term reward for immediate comfort? What would Moses' choice in Hebrews 11 look like applied to your situation?

Day 21 — Staying Grounded While Rising

As you've grown, where have you felt most exposed to the temptation of thinking you've arrived? What actually keeps you grounded?

Leader Notes

This week is the most self-examining of the pillar so far. Don't rush through it to stay on schedule. Day 18 especially deserves room — testing motives is uncomfortable, and people need permission to be honest about mixed ones rather than pretending to pure ones.

Day 21 should land with weight, not resolution. “Let him that thinketh he standeth take heed lest he fall” is a warning meant to stay active, not a problem to be solved and moved past. Resist the urge to wrap the week up too neatly.

If someone in the group has clearly grown significantly through this pathway, this week may surface pride they didn't know was there. Handle it gently — the goal is awareness, not correction in front of the group.

Weekly Challenge

Identify one decision or relationship where haste, mixed motives, or unclear thinking has been driving you. This week, slow down and bring it honestly to God before acting.

Closing

Pray specifically for discernment and humility — that each person's growth would be matched by depth, not just capacity. Pray by name.

Meeting 5 · Growth That Multiplies

Days 22–28 · Dependence, Developing Others, Guarding the Soul, and Finishing Well

Meeting Purpose

The material shifts this week from personal maturity to growth that reproduces itself — staying dependent on Christ while multiplying, intentionally developing others, guarding the soul under public strength, carrying influence like a servant rather than craving it, finishing what's been built, and leaving influence that outlives you. The goal tonight is to help people see that mature growth always turns outward, without ever losing its center.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Last week's challenge follow-up.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read 2 Peter 3:18 together — for Days 29–31, closing out the pillar.
- **Close & Prayer**

Memory Verse

Recite This Week

“For what shall it profit a man, if he shall gain the whole world, and lose his own soul?”

— **Mark 8:36**

Assign Next Week

“But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ.”

— **2 Peter 3:18**

Leader Prep

- Day 22 (Multiplying Without Losing Your Center) reframes the whole pillar — growth that multiplies influence must never outgrow dependence on Christ. Let this anchor the rest of the discussion.

- Day 23 (Developing Others Intentionally) is a natural moment to ask who in the group has already begun investing in someone else, even informally.
- Day 24 (Guarding Your Soul) can be sobering. Give it room — public strength concealing private erosion is common and rarely discussed honestly.
- Before this meeting, take stock of each person in the group. Who has been growing visibly? Who has been quiet? Who do you need to check in with before or after tonight?

Opening Question

Looking back over these five weeks, where have you noticed the most growth in your own life — and has that growth deepened your dependence on Christ, or quietly thinned it?

Discussion Questions

Day 22 — Multiplying Without Losing Your Center

As your influence multiplies in any area, is your private dependence on Christ actually deepening, or has it quietly started to shrink?

Day 23 — Developing Others Intentionally

Who are you currently, intentionally investing in — not just helping, but developing so that they could eventually teach someone else themselves?

Day 24 — Guarding Your Soul in Public Strength

Where is your public strength currently outpacing your private soul care? What's quietly eroding underneath the visible success?

Day 25 — Carrying Influence Without Craving It

Does your influence currently function more like Christ's example of serving, or more like the world's model of exercising authority? Be honest.

Day 26 — Finishing What You Build

What have you started with excitement that's now testing whether you'll actually finish it well?

Day 27 — Influence That Outlives You

If your influence ended today, what would actually outlast you? What are you building that's meant to be passed on, not just used by you?

Day 28 — Never Outgrowing Your Need for Christ

Where has growth quietly created self-sufficiency in you rather than deeper dependence on Christ?

Leader Notes

Day 22 is worth extra time — it names the danger this entire pillar has been circling: growth that multiplies outward while quietly starving inward. Ask the group directly what “abiding” actually looks like in their current, busy season.

Day 24 often produces the most honest answers of the week. Public strength concealing private erosion is extremely common and rarely named out loud. Receive it without alarm.

Day 28 closes the four main weeks on exactly the right note — the whole point of growth is never outgrowing your need for Christ. Don't rush it. Let the group sit with that before moving to the challenge.

Coming into the final meeting — begin praying now for each person by name. Ask God what He has done in them over these five weeks. You will want to speak specifically to that in Meeting 6.

Weekly Challenge

Identify one person you could intentionally begin developing — not just helping, but investing in for the long term. Take one concrete step toward that this week.

Closing

Take a moment tonight to look back at where each person started — the answer they gave on Introduction Night. Acknowledge what God has done over these four weeks.

Meeting 6 · Celebration

Days 29–31 (Bonus Days) · Testimony & Commissioning

Meeting Purpose

This meeting is a celebration. Groups close out in different ways, so treat the format loosely rather than as a fixed script — the constants are testimony and commissioning. Consider a different setting than your usual meeting spot — someone's home, a restaurant, wherever fits your group — to mark this as a distinct night of celebration rather than just another meeting. The three bonus days are not worked through day by day; let what surfaced in Days 29–31 come out naturally as people share. People should leave having heard what God has done in them and in each other, and with a clear picture that growth is not a finish line but a direction they'll keep walking in.

Suggested Agenda

- **Open** — Read 2 Peter 3:18 together. Let it sit.
- **Accountability Check** — Final daily rhythm check. Recite this week's memory verse. Last challenge follow-up.
- **Opening Question**
- **Comments & Testimony — Days 29–31** — Let the bonus days surface through open sharing. Round the room.
- **Group Feedback** — What worked, what was hard, what was missing.
- **Close & Prayer** — Commissioning prayer. By name. For what was shared.

Memory Verse

Recite This Week

“But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ.”
— 2 Peter 3:18

Leader Prep

- Go back to Introduction Night. What did each person say they wanted to grow in, and what was getting in the way? Be ready to speak to how that's changed, for each person in the room.
- Read Days 29–31 carefully. Days 29 and 30 are summary days — they consolidate everything. Day 31 (Do Not Plateau) is a challenge, not a reflection. Make sure that distinction lands.

- Prepare something personal to share tonight — one truth from these six weeks that changed something in you. Go first. Always.
- This is a celebration. Let it feel like one. The work was real. The growth is real. Acknowledge it.
- If your group can pull it off, meet somewhere other than the usual room tonight — a home, a restaurant, wherever fits. A different setting signals that this is a celebration, not just the next meeting.
- Remind people to complete the End Assessment in the back of their workbook and compare it to their Start Assessment. This is personal, not group discussion — no meeting time is needed for it.

Opening Question

Day 28 says the goal was never outgrowing your need for Christ. Looking back over the full 31 days, where did that land most deeply for you personally?

Prompts for Testimony — Days 29–31 (Bonus Days)

These are not a day-by-day discussion to work through. Let them surface naturally as people share. Use a prompt only if the room needs a nudge.

Day 29 — Expanded but Anchored

Looking back over these 31 days, has your growth felt more like expansion, more like anchoring, or both? Where do you still feel unanchored?

Day 30 — Strength That Multiplies

True growth deepens connection rather than independence. Has this pillar drawn you closer to others, or tempted you toward more isolation?

Day 31 — Do Not Plateau

What's one specific way you'll keep pressing forward rather than settling into a plateau, starting this week?

Round the Room

Go around the room. Every person speaks one truth — specifically, something they've seen God do in the person to their left over these six weeks. Then that person shares their own answer to the question: What is one truth that changed something for me during Growth?

This is one of the most powerful moments of the entire pillar if you let it run. Don't cut it short. People need to hear what others have seen in them.

Closing

Pray a commissioning prayer — not a closing prayer, a sending prayer. Pray for each person by name. Speak to what you have watched God do in them over these six weeks. Acknowledge the courage it took to be honest, and the faithfulness of God to each person in the room. Then send them forward — still growing, still rooted, never outgrowing their need for Christ.

If you are presenting completion certificates, do so now — call each person by name, speak one thing you observed God do in them, and hand it to them personally.

“But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ.”
— 2 Peter 3:18

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