

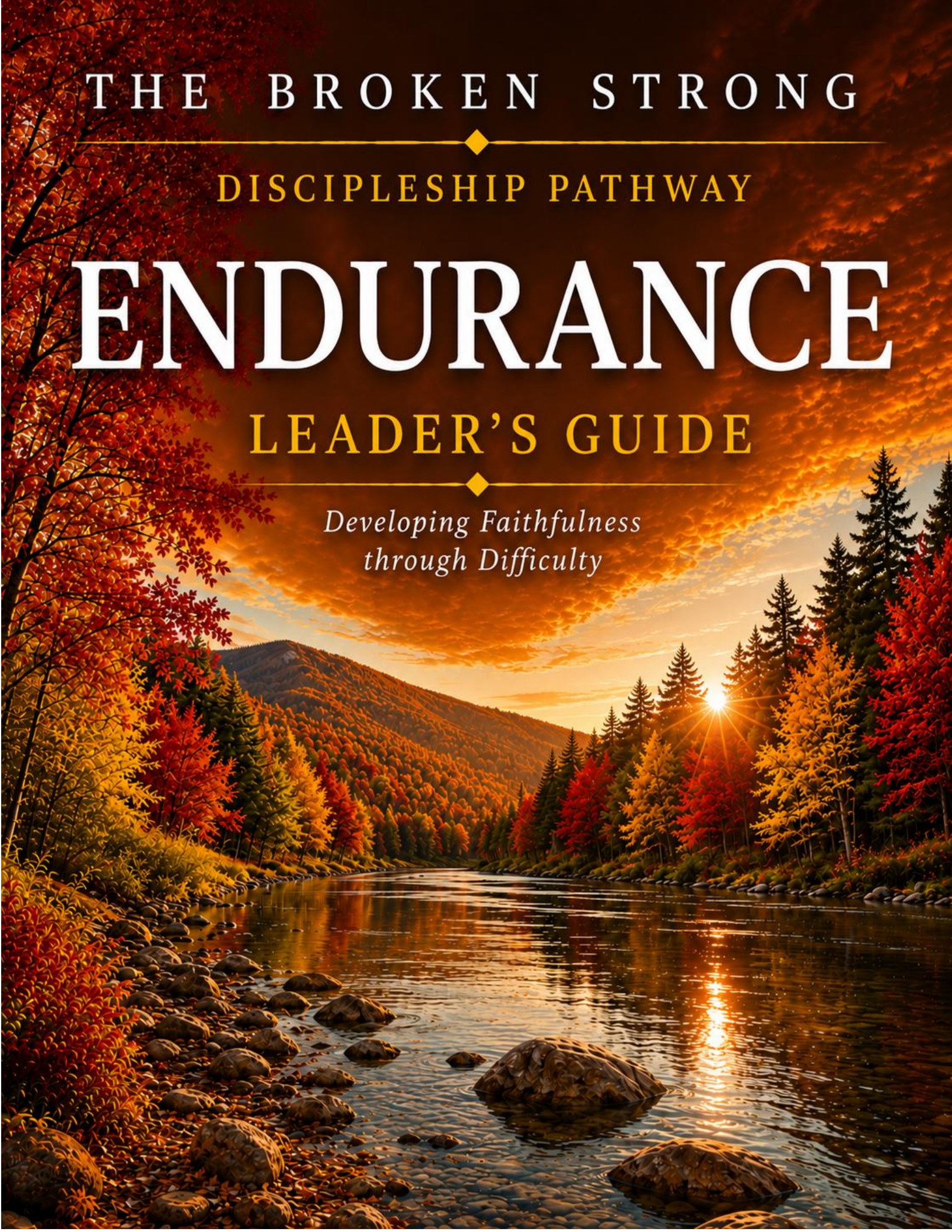
THE BROKEN STRONG

DISCIPLESHIP PATHWAY

ENDURANCE

LEADER'S GUIDE

*Developing Faithfulness
through Difficulty*



THE BROKEN STRONG

The Broken Strong Discipleship Pathway

ENDURANCE

Leader Guide

Pillar Three · Six-Meeting Guide
28 Daily Devotionals + 3 Bonus Days

Broken Before God. Strong in Christ.

thebrokenstrong.com

How to Use This Leader Guide

This guide prepares you to lead your group through the Endurance pillar of The Broken Strong Discipleship Pathway. Read each meeting's section before you arrive — not during the meeting. Your preparation is what makes the conversation go deep.

Each meeting section includes:

- **Meeting Purpose** — What this meeting is designed to accomplish.
- **Agenda** — The order the meeting flows in, start to finish.
- **Leader Prep** — What to read, pray through, or think about before you arrive.
- **Opening Question** — A warm-up that lowers defenses and gets the room talking honestly.
- **Discussion Questions** — One targeted question per devotional — pulled from the content.
- **Leader Notes** — Pastoral guidance on what to watch for and where to linger.
- **Weekly Challenge** — A concrete next step to send participants away with.
- **Closing** — How to end the meeting well — always prayer, always by name.

Four reminders that apply every week:

- **Pace the conversation, not the content.** One question answered honestly is worth more than six answered quickly. Read the room.
- **Your honesty leads the way.** People will not go somewhere you will not go first. Answer your own questions honestly before you ask them of others.
- **Guard the daily rhythm.** One devotional per day — not ahead, not behind. Follow up on this every week.
- **End on prayer.** Specific, personal, by name. Every meeting, every time.

Meeting 1 · Introduction Night

Before Day 1 Begins · Materials, Expectations, Covenant, Assessment

About This Meeting

Endurance is Pillar Three of The Broken Strong Discipleship Pathway. Whether this group has walked through Identity and Integrity together or is starting fresh here, Meeting 1 is always a Full Introduction Night. Don't assume familiarity — treat this group as new, because the material, the commitment, and often some of the people in the room are new. The introduction cannot be abbreviated; the foundation it builds is what every subsequent meeting stands on.

Meeting Purpose

Identity settles who a person is. Integrity asks whether daily life reflects it. Endurance asks a harder question: will you still be faithful when it's hard, when it's slow, when no one's watching, and when it doesn't get easier? Tonight sets that tone honestly — this pillar isn't about avoiding hard seasons, it's about staying faithful inside them. By the end of this meeting every person in the room should know what they are committing to, trust the group enough to begin honestly, and leave with Day 1 ready to read tomorrow morning.

Suggested Agenda

- **Welcome & Introductions** — Ask each person: what's one thing you've kept doing faithfully, even when it got hard?
- **The Vision** — What endurance actually means, why it's the next step after Integrity, and what these 31 days are designed to do.
- **How It Works** — Walk through the workbook together — daily rhythm, the journal prompts, what to bring to the meeting each week.
- **Start Assessment** — Complete together in the room. Honest, quiet, individual. Not discussed tonight — it is their starting point.
- **Covenant** — Read it together. Give people time to actually read each commitment. Sign it before they leave.
- **Assign Memory Verse** — Read Luke 9:62 together. This is the Week 1 verse — they'll recite it at Meeting 2.
- **Distribute Materials** — Devotional book, workbook, pen. Walk them through what goes where.
- **Close & Prayer** — Assign Day 1 — starts tomorrow morning, not tonight. Pray over each person by name.

Memory Verse

Assign This Week

“No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.”

— Luke 9:62

Leader Prep

- Read through the full Introduction Night section of the workbook before tonight so you can walk the group through it naturally.
- Have all materials ready to distribute — devotional books, workbooks, pens — before people arrive.
- If this group is continuing from Identity or Integrity, resist the urge to assume everyone remembers everything. Some will. Some won't. Meet them where they are tonight.
- Pray through the group by name before you arrive. Endurance work can surface real weariness — ask God to go ahead of you into that.
- Set up the room so it feels intentional. Chairs in a circle, not rows. It signals this is a conversation, not a lecture.

Opening Question

What's one thing you've kept doing faithfully, even when it got hard — and what kept you going?

Give everyone in the room a chance to answer. Write down every answer. These are the raw materials of endurance already at work in their lives — you may want to return to them at Meeting 6.

Walking Through the Covenant

Do not rush the covenant. Read each section aloud together. Ask if there are any commitments that feel unclear or that someone wants to talk through before signing. The covenant is not a formality — it is the agreement that makes honest community possible.

Two commitments worth spending extra time on:

Confidentiality. Endurance work surfaces real weariness, real doubt, real seasons of feeling stuck. What is said in this room stays in this room. No exceptions.

The daily rhythm. One devotional per day. Not ahead. Not behind. This is not a suggestion — it is what makes the group conversation work each week. Everyone is in the same place in the material.

The Start Assessment

The assessment is completed individually and quietly. It is not discussed tonight. Tell the group:

“There are no right answers. The only wrong answer is one that isn't true. This is between you and God. You will complete the same assessment after Day 31, and the comparison is for you — not for the group.”

Give them enough time. Do not hurry. The questions are designed to surface things quietly — let them.

Distributing Materials

When you hand someone their devotional book and workbook, say something like:

“The devotional book is yours to keep. Read it every morning — one day at a time. The workbook is where you do the work. Bring it to every meeting.”

Briefly walk through the workbook structure — where the daily journal pages are, how the weekly accountability page works, and where they will find the memory verse for Week 1.

Closing

Before you pray, give the group the two non-negotiables one more time:

Don't read ahead. The material is sequenced intentionally.

Don't fall behind. One day at a time keeps everyone in the same conversation.

Then pray — by name, for what was shared in that opening answer, for what God is going to do in each person over the next 31 days. Make the prayer specific enough that they know you actually heard them tonight.

Meeting 2 · Long Obedience

Days 1–7 · The Foundation of Endurance — Confidence, Slow Progress, and Staying the Course

Meeting Purpose

This week's material is about the quiet, early erosion of endurance — losing confidence gradually, growing weary in obscurity, feeling criticized for doing right, and wanting to stop. The goal tonight is not to fix anyone's fatigue. It is to help people name where their own confidence has been eroding quietly, before it becomes a collapse.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Did everyone complete all 7 days? Recite this week's memory verse.
- **Opening Question** — Warm the room before the deeper questions.
- **Discussion** — Work through the discussion questions. Don't rush. Follow what surfaces.
- **Weekly Challenge** — Give it clearly. Ask them to write it in their workbook.
- **Assign Memory Verse** — Read Proverbs 3:5–6 together — next week's verse.
- **Close & Prayer** — By name. For what was shared.

Memory Verse

Recite This Week

“No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.”

— **Luke 9:62**

Assign Next Week

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”

— **Proverbs 3:5–6**

Leader Prep

- Read Days 1–7 again before this meeting. Mark what hit you personally — that is likely what will hit others.
- Review each person's accountability card if they've shared it. Know who struggled to keep the daily rhythm.
- Be ready to recite this week's memory verse yourself.
- The opening question this week should feel low-stakes. The room is still new. Don't push too hard too fast.

Opening Question

What's one thing from this first week's reading that surprised you, convicted you, or that you couldn't stop thinking about?

Discussion Questions

Day 1 — Strength to Remain

Confidence rarely disappears suddenly — it erodes gradually. Where have you noticed your own confidence or conviction quietly eroding rather than collapsing all at once?

Day 2 — When Progress Is Slow

Where in your life right now does progress feel slower than you expected? How are you actually responding to that gap — waiting, or growing discouraged?

Day 3 — Faithful in Obscurity

Are you as faithful in the responsibilities no one sees as you are in the ones that get noticed? Where's the biggest gap between the two?

Day 4 — When Criticism Comes

Think of the last time you were criticized for doing what was right. Did you respond defensively, or with the patience 1 Peter describes?

Day 5 — Carrying Weight Without Quitting

What weight are you currently carrying that requires sustained effort rather than a single burst of strength? Who is actually helping you bear it?

Day 6 — When You Feel Like Stopping

Is there an area where you've been quietly reducing effort or lowering expectations simply because you're tired? Name it honestly.

Day 7 — Long Obedience

Are you still looking back — comparing your path to one you didn't take, or to an easier season? What would it look like to keep your hand steady on the plough?

Leader Notes

Day 7 is the hinge of this week. Don't rush past it. “Long obedience in the same direction” is the thesis of the entire pillar — this is where the group first names what that actually costs.

The room is still new. Weariness can feel like a shameful thing to admit out loud. Don't push for depth that hasn't been earned yet — but do model it yourself. Your honest answer about where you've grown tired opens more doors than any technique.

Watch for the person who reframes every hard thing as already resolved. Sometimes that's genuine peace. Sometimes it's a polished answer covering real fatigue. A gentle “what does that actually feel like day to day?” is often the right move.

Weekly Challenge

Identify one place where you've been quietly losing confidence or slowing down. Take one specific step this week to keep going anyway — not a resolution, an action. Report back next week.

Closing

Pray specifically for each person by name. If someone named a specific place of weariness, pray strength into that directly.

Meeting 3 · Strength for the Long Middle

Days 8–14 · Silence, Unfair Pressure, Delayed Justice, and an Unclear Path

Meeting Purpose

This week moves into the hardest terrain of endurance — when God feels silent, when pressure feels unfair, when results don't match effort, and when the path ahead simply isn't clear. The goal tonight is to help people stay honest in the middle of these seasons rather than performing resolution they haven't actually reached yet.

Suggested Agenda

Open — Brief centering.

- **Accountability Check** — Daily rhythm check. Recite this week's memory verse.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read 2 Timothy 4:7 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”

— **Proverbs 3:5–6**

Assign Next Week

“I have fought a good fight, I have finished my course, I have kept the faith.”

— **2 Timothy 4:7**

Leader Prep

- Day 9 (When God Feels Silent) may surface real spiritual dryness or doubt. Prepare for this. It is a gift when it happens — not a disruption. Receive it without rushing to resolve it.
- Days 10–11 (Unfair Pressure, Results Not Matching Effort) tend to surface real, current frustrations — work situations, family dynamics, ministry disappointments. Let them be specific.

- Know this week's memory verse well enough to speak to why leaning not on your own understanding actually matters when the path is unclear.
- Ask yourself before you arrive: where is my own path unclear right now? Answer that honestly tonight, first.

Opening Question

Has there been a season where God felt distant or silent to you? What did you do with that silence?

Discussion Questions

Day 8 — Strength for the Long Middle

Isaiah says those who wait upon the Lord renew their strength. What does “wait upon the Lord” practically look like for you in whatever long middle you're currently in?

Day 9 — When God Feels Silent

Have you experienced a season where God felt silent? Did it shake your endurance, refine it, or both?

Day 10 — Under Unfair Pressure

Where have you experienced pressure or resistance that felt unfair, specifically because you were trying to do the right thing? How has it affected your resolve?

Day 11 — When Results Do Not Match Effort

Where does your effort currently outpace your visible results? Be specific. What keeps you going anyway?

Day 12 — Persevering Through Repetition

What responsibility in your life has become repetitive to the point of feeling exhausting? What would it mean to actually believe your labor there “is not in vain”?

Day 13 — Delayed Justice

Is there a situation right now where you're watching wrongdoing seem to prosper while you keep doing the right thing? How do you fight resentment while you wait?

Day 14 — Faithfulness When the Path Is Unclear

Where is your path unclear right now? What would it look like to trust God with your whole heart without needing full clarity first?

Leader Notes

This week is emotionally heavier than Week 1. Don't rush through it to stay on schedule. Day 9 especially deserves room — spiritual silence is common and rarely discussed honestly. Normalizing it, without explaining it away, is the goal.

Days 10 and 11 will likely surface specific current situations — a job, a family member, a ministry disappointment. Let the specifics come out. Resist the urge to problem-solve; the point is honest naming, not resolution tonight.

Day 14's memory verse (Proverbs 3:5–6) is one of the most familiar verses in Scripture. Push past familiarity — ask what it actually costs to “lean not unto thine own understanding” in a real, current decision.

Weekly Challenge

Name one area where the path ahead feels unclear. This week, take one step of obedience in that area without waiting for full clarity first — trusting instead of understanding.

Closing

Pray specifically into whatever silence, unfairness, or uncertainty was named tonight. Ask God for strength for the long middle, by name, for each person.

Meeting 4 · Enduring the Weight

Days 15–21 · Personal Weakness, Hidden Burdens, and Holding the Line

Meeting Purpose

This week goes to the most personal terrain yet — private weakness, burdens no one sees, serving without recognition, being stretched by growth, and simply standing firm when advancing isn't possible. The goal tonight is to help people see that enduring quietly, without applause, is not a lesser form of faithfulness — it may be the truest kind.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Follow up on last week's challenge.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Matthew 24:13 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“I have fought a good fight, I have finished my course, I have kept the faith.”

— **2 Timothy 4:7**

Assign Next Week

“But he that shall endure unto the end, the same shall be saved.”

— **Matthew 24:13**

Leader Prep

- Day 15 (Enduring Personal Weakness) may surface someone's “thorn” — a real, ongoing struggle they've prayed to have removed. Prepare for this. It is a gift when it happens — not a disruption.
- Day 17 (Enduring Without Recognition) tends to surface quiet resentment people didn't know they were carrying. Give it room rather than rushing past it.

- This week's memory verse (2 Timothy 4:7) is Paul's own closing testimony. Be ready to talk about what it would mean to say those words truthfully at the end of your own life.
- Ask yourself: where am I currently enduring something without recognition? Answer honestly before you lead.

Opening Question

What's something you've faithfully carried or done that has gone almost completely unnoticed by others?

Discussion Questions

Day 15 — Enduring Personal Weakness

Paul had a “thorn” he asked God to remove three times. What's the thorn you've asked God to remove that hasn't been removed? How might His grace be sufficient in it rather than around it?

Day 16 — When the Burden Feels Personal

What personal burden have you been carrying quietly and alone that you actually need to cast on the Lord rather than just manage?

Day 17 — Enduring Without Recognition

What have you been faithfully doing that has gone completely unnoticed? How do you honestly feel about that right now?

Day 18 — Enduring the Stretch

Where is God currently stretching your capacity — your patience, your leadership, your faith? How are you responding to the stretch?

Day 19 — Holding the Line

Is there an area right now where endurance doesn't look like moving forward, but simply standing firm? What does “having done all, to stand” look like for you specifically?

Day 20 — Strength Under Prolonged Pressure

Romans 5 traces a sequence: tribulation produces patience, patience produces experience, experience produces hope. Where are you in that sequence right now?

Day 21 — Finishing Without Fading

Are you finishing the things you start with the same faithfulness you began them with, or is your energy fading somewhere specific? Where?

Leader Notes

Day 15 is one of the most vulnerable days in the whole pillar. If someone names a real “thorn” tonight, don't rush to fix it or explain it theologically. Let “my grace is sufficient for thee” sit without being immediately resolved.

Day 17 (recognition) often uncovers resentment people didn't realize they were carrying — toward a spouse, an employer, even God. That's not a problem to correct; it's honesty finally surfacing. Receive it as progress.

This week is heavier than the first two. Watch the room's energy. If people need to sit in silence for a moment after a hard answer, let them — don't fill it too quickly.

Weekly Challenge

Choose one burden you've been carrying alone — personal, hidden, or unrecognized — and either bring it honestly to God in prayer this week, or share it with one trusted person. Don't carry it in silence any longer.

Closing

Pray specifically for private strength — that what's carried in secret would be sustained by grace, not willpower. Pray by name.

Meeting 5 · Endurance as Lifestyle

Days 22–28 · The Inner Life, Joy, Strengthening Others, and Enduring to the End

Meeting Purpose

The material shifts this week from surviving pressure to sustaining a life shaped by endurance — guarding the inner life, finding joy inside hardship, strengthening others while still enduring yourself, staying unmoved by circumstance, and understanding that endurance is measured by the finish, not the start. The goal tonight is to help people see endurance not as a single hard season to get through, but as a lifelong direction.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Last week's challenge follow-up.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Hebrews 10:35–36 together — for Days 29–31, closing out the pillar.
- **Close & Prayer**

Memory Verse

Recite This Week

“But he that shall endure unto the end, the same shall be saved.”

— **Matthew 24:13**

Assign Next Week

“Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.”

— **Hebrews 10:35–36**

Leader Prep

- Day 22 (Guarding Your Inner Life) reframes the whole pillar — endurance isn't sustained by external discipline alone, it's sustained by what's guarded in the heart. Let this reframe the rest of the discussion.

- Day 24 (Strengthening Others While Enduring) is a natural moment to ask who in the group has already been strengthening someone else, even without realizing it.
- Before this meeting, take stock of each person in the group. Who has been growing visibly? Who has been quiet? Who do you need to check in with before or after tonight?
- Think about the weekly challenge before you give it. Make it specific enough that you could ask them about it next week and get a concrete answer.

Opening Question

Looking back over these first four weeks of daily readings, where have you noticed the most growth in your own capacity to endure?

Discussion Questions

Day 22 — Guarding Your Inner Life

What's happening in your inner life right now — private thoughts, private attitudes — that outward discipline alone hasn't been able to fix?

Day 23 — Enduring With Joy

Can you honestly say you have joy in your current trial — not happiness about the hardship itself, but the deeper joy James describes? What would that actually look like for you?

Day 24 — Strengthening Others While Enduring

Who around you is also enduring something hard right now? How could the comfort you've received become comfort you give them?

Day 25 — Unmoved by Circumstance

What circumstance is currently trying to move you? What would it mean to say with the psalmist, “I shall not be moved”?

Day 26 — Endurance That Inspires

Who is watching your perseverance right now, even if you don't realize it? What is your endurance quietly teaching them?

Day 27 — Hope That Carries You

Is your hope currently anchored in outcomes you can't control, or in the God of hope Himself? Be honest about which one.

Day 28 — Enduring to the End

Endurance is measured by how faithfully someone finishes, not how strongly they start. Looking at your life right now, what needs to still be true of you a year from now, and five years from now?

Leader Notes

Day 22 is worth extra time — it names something the whole pillar has been circling: endurance that only relies on outward discipline eventually breaks. Ask the group directly what they've been guarding, or failing to guard, in their inner life.

Day 24 often produces a shift in the room's energy — from receiving to giving. Watch for someone realizing, in real time, that their hard season has equipped them to help someone else.

Day 28 closes the four main weeks on exactly the right note. Don't rush it. Let the group sit with what it means to be measured by the finish rather than the start before moving to the challenge.

Coming into the final meeting — begin praying now for each person by name. Ask God what He has done in them over these five weeks. You will want to speak specifically to that in Meeting 6.

Weekly Challenge

Identify one person in your life who is also enduring something hard right now. This week, offer them one specific, concrete form of comfort or encouragement — not vague support, an actual action.

Closing

Take a moment tonight to look back at where each person started — the answer they gave on Introduction Night. Acknowledge what God has done over these four weeks.

Meeting 6 · Celebration

Days 29–31 (Bonus Days) · Testimony & Commissioning

Meeting Purpose

This meeting is a celebration. Groups close out in different ways, so treat the format loosely rather than as a fixed script — the constants are testimony and commissioning. Consider a different setting than your usual meeting spot — someone's home, a restaurant, wherever fits your group — to mark this as a distinct night of celebration rather than just another meeting. The three bonus days are not worked through day by day; let what surfaced in Days 29–31 come out naturally as people share. People should leave having heard what God has done in them and in each other, and with a settled confidence that they can remain faithful—not because it is easy or because they are strong enough on their own, but because Christ has sustained them and will continue to strengthen them.

Suggested Agenda

- **Open** — Read Hebrews 10:35–36 together. Let it sit.
- **Accountability Check** — Final daily rhythm check. Recite this week's memory verse. Last challenge follow-up.
- **Opening Question**
- **Comments & Testimony — Days 29–31** — Let the bonus days surface through open sharing. Round the room.
- **Group Feedback** — What worked, what was hard, what was missing.
- **Close & Prayer** — Commissioning prayer. By name. For what was shared.

Memory Verse

Recite This Week

“Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.”

— **Hebrews 10:35–36**

Leader Prep

- Go back to Introduction Night. What did each person say they'd kept doing faithfully, even when it was hard? Be ready to speak to how that's grown, for each person in the room.

- Read Days 29–31 carefully. Days 29 and 30 are summary days — they consolidate everything. Day 31 (Remain When It Is Hard) is a challenge, not a reflection. Make sure that distinction lands.
- Prepare something personal to share tonight — one truth from these six weeks that changed something in you. Go first. Always.
- This is a celebration. Let it feel like one. The work was real. The growth is real. Acknowledge it.
- If your group can pull it off, meet somewhere other than the usual room tonight — a home, a restaurant, wherever fits. A different setting signals that this is a celebration, not just the next meeting.
- Remind people to complete the End Assessment in the back of their workbook and compare it to their Start Assessment. This is personal, not group discussion — no meeting time is needed for it.

Opening Question

Day 28 says endurance is measured by the finish, not the start. Looking back over the full 31 days, where did that land most deeply for you personally?

Prompts for Testimony — Days 29–31 (Bonus Days)

These are not a day-by-day discussion to work through. Let them surface naturally as people share. Use a prompt only if the room needs a nudge.

Day 29 — What Pressure Revealed

Looking back over these 31 days, what has the pressure you've faced actually revealed about you — not the trial itself, but what it exposed?

Day 30 — Steady and Rooted

Hebrews says to lay aside every weight and run with patience. What weight do you need to lay aside in order to run this race more freely?

Day 31 — Remain When It Is Hard

What's one specific way you will choose to remain faithful this week, even when it's hard and no one would blame you for stopping?

Round the Room

Go around the room. Every person speaks one truth — specifically, something they've seen God do in the person to their left over these six weeks. Then that person shares their own answer to the question: What is one truth that changed something for me during Endurance?

This is one of the most powerful moments of the entire pillar if you let it run. Don't cut it short. People need to hear what others have seen in them.

Closing

Pray a commissioning prayer — not a closing prayer, a sending prayer. Pray for each person by name. Speak to what you have watched God do in them over these six weeks. Acknowledge the courage it took to be honest, and the faithfulness of God to each person in the room. Then send them forward — able to remain faithful, not because it's easy, but because they've already proven they can.

If you are presenting completion certificates, do so now — call each person by name, speak one thing you observed God do in them, and hand it to them personally.

“Cast not away therefore your confidence, which hath great recompence of reward.” — Hebrews 10:35

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