

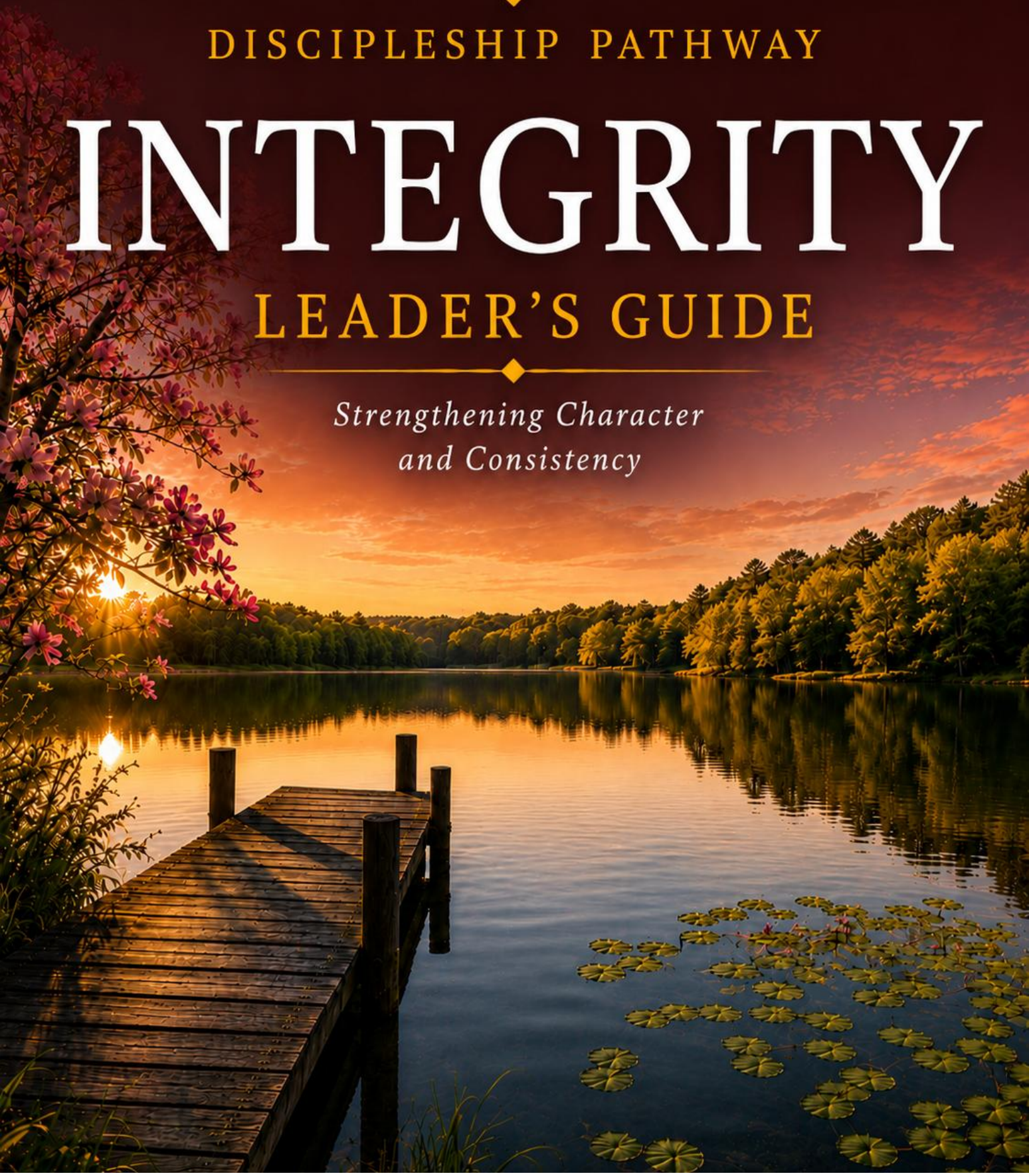
THE BROKEN STRONG

DISCIPLESHIP PATHWAY

INTEGRITY

LEADER'S GUIDE

*Strengthening Character
and Consistency*



THE BROKEN STRONG

The Broken Strong Discipleship Pathway

INTEGRITY

Leader Guide

Pillar Two · Six-Meeting Guide
28 Daily Devotionals + 3 Bonus Days

Broken Before God. Strong in Christ.

thebrokenstrong.com

How to Use This Leader Guide

This guide prepares you to lead your group through the Integrity pillar of The Broken Strong Discipleship Pathway. Read each meeting's section before you arrive — not during the meeting. Your preparation is what makes the conversation go deep.

Each meeting section includes:

- **Meeting Purpose** — What this meeting is designed to accomplish.
- **Agenda** — The order the meeting flows in, start to finish.
- **Leader Prep** — What to read, pray through, or think about before you arrive.
- **Opening Question** — A warm-up that lowers defenses and gets the room talking honestly.
- **Discussion Questions** — One targeted question per devotional — pulled from the content.
- **Leader Notes** — Pastoral guidance on what to watch for and where to linger.
- **Weekly Challenge** — A concrete next step to send participants away with.
- **Closing** — How to end the meeting well — always prayer, always by name.

Four reminders that apply every week:

- **Pace the conversation, not the content.** One question answered honestly is worth more than six answered quickly. Read the room.
- **Your honesty leads the way.** People will not go somewhere you will not go first. Answer your own questions honestly before you ask them of others.
- **Guard the daily rhythm.** One devotional per day — not ahead, not behind. Follow up on this every week.
- **End on prayer.** Specific, personal, by name. Every meeting, every time.

Meeting 1 · Introduction Night

Before Day 1 Begins · Materials, Expectations, Covenant, Assessment

About This Meeting

Integrity is Pillar Two of The Broken Strong Discipleship Pathway. Whether this group just finished Identity together or is starting fresh here, Meeting 1 is always a Full Introduction Night. Don't assume familiarity — treat this group as new, because the material, the commitment, and often some of the people in the room are new. The introduction cannot be abbreviated; the foundation it builds is what every subsequent meeting stands on.

Meeting Purpose

Identity settles who a person is in Christ. Integrity asks the next question: does daily life actually reflect that? Tonight sets that tone — not as a guilt trip, but as an honest invitation to close the gap between belief and behavior. By the end of this meeting every person in the room should know what they are committing to, trust the group enough to begin honestly, and leave with Day 1 ready to read tomorrow morning.

Suggested Agenda

- **Welcome & Introductions** — Ask each person: where do you feel the biggest gap right now between what you believe and how you actually live?
- **The Vision** — What integrity actually means, why it's the next step after Identity, and what these 31 days are designed to do.
- **How It Works** — Walk through the workbook together — daily rhythm, the journal prompts, what to bring to the meeting each week.
- **Start Assessment** — Complete together in the room. Honest, quiet, individual. Not discussed tonight — it is their starting point.
- **Covenant** — Read it together. Give people time to actually read each commitment. Sign it before they leave.
- **Assign Memory Verse** — Read Proverbs 20:7 together. This is the Week 1 verse — they'll recite it at Meeting 2.
- **Distribute Materials** — Devotional book, workbook, pen. Walk them through what goes where.
- **Close & Prayer** — Assign Day 1 — starts tomorrow morning, not tonight. Pray over each person by name.

Memory Verse

Assign This Week

“The just man walketh in his integrity: his children are blessed after him.”

— Proverbs 20:7

Leader Prep

- Read through the full Introduction Night section of the workbook before tonight so you can walk the group through it naturally.
- Have all materials ready to distribute — devotional books, workbooks, pens — before people arrive.
- If this group is continuing from Identity, resist the urge to assume everyone remembers everything. Some will. Some won't. Meet them where they are tonight.
- Pray through the group by name before you arrive. Integrity work exposes real things — ask God to go ahead of you into that.
- Set up the room so it feels intentional. Chairs in a circle, not rows. It signals this is a conversation, not a lecture.

Opening Question

Where do you feel the biggest gap right now between what you believe and how you actually live — not in general, but something specific?

Give everyone in the room a chance to answer. Write down every answer. These gaps are exactly what the next 31 days are going to work on. You may want to return to them at Meeting 6.

Walking Through the Covenant

Do not rush the covenant. Read each section aloud together. Ask if there are any commitments that feel unclear or that someone wants to talk through before signing. The covenant is not a formality — it is the agreement that makes honest community possible.

Two commitments worth spending extra time on:

Confidentiality. Integrity work surfaces real, specific things — financial habits, private compromises, actual conflicts. What is said in this room stays in this room. No exceptions.

The daily rhythm. One devotional per day. Not ahead. Not behind. This is not a suggestion — it is what makes the group conversation work each week. Everyone is in the same place in the material.

The Start Assessment

The assessment is completed individually and quietly. It is not discussed tonight. Tell the group:

“There are no right answers. The only wrong answer is one that isn't true. This is between you and God. You will complete the same assessment after Day 31, and the comparison is for you — not for the group.”

Give them enough time. Do not hurry. The questions are designed to surface things quietly — let them.

Distributing Materials

When you hand someone their devotional book and workbook, say something like:

“The devotional book is yours to keep. Read it every morning — one day at a time. The workbook is where you do the work. Bring it to every meeting.”

Briefly walk through the workbook structure — where the daily journal pages are, how the weekly accountability page works, and where they will find the memory verse for Week 1.

Closing

Before you pray, give the group the two non-negotiables one more time:

Don't read ahead. The material is sequenced intentionally.

Don't fall behind. One day at a time keeps everyone in the same conversation.

Then pray — by name, for what was shared in that opening answer, for what God is going to do in each person over the next 31 days. Make the prayer specific enough that they know you actually heard them tonight.

Meeting 2 · Whole When No One Is Watching

Days 1–7 · Personal Integrity — Speech, Money, and the Small Things

Meeting Purpose

This week's material is about the unseen places — private honesty, small stewardship, clean hands and a pure heart. The goal tonight is not to make people feel exposed. It is to help them notice, without shame, where private life and public life have started to diverge. Awareness is the first honest step.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Did everyone complete all 7 days? Recite this week's memory verse.
- **Opening Question** — Warm the room before the deeper questions.
- **Discussion** — Work through the discussion questions. Don't rush. Follow what surfaces.
- **Weekly Challenge** — Give it clearly. Ask them to write it in their workbook.
- **Assign Memory Verse** — Read Matthew 5:37 together — next week's verse.
- **Close & Prayer** — By name. For what was shared.

Memory Verse

Recite This Week

“The just man walketh in his integrity: his children are blessed after him.”

— **Proverbs 20:7**

Assign Next Week

“But let your communication be, Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil.”

— **Matthew 5:37**

Leader Prep

- Read Days 1–7 again before this meeting. Mark what hit you personally — that is likely what will hit others.
- Review each person's accountability card if they've shared it. Know who struggled to keep the daily rhythm.

- Be ready to recite this week's memory verse yourself.
- The opening question this week should feel low-stakes. The room is still new. Don't push too hard too fast.

Opening Question

What's one thing from this first week's reading that surprised you, convicted you, or that you couldn't stop thinking about?

Discussion Questions

Day 1 — Whole When No One Is Watching

Are there areas of your private life that would look different if they were brought fully into the light? What keeps those areas private — habit, shame, or something else?

Day 2 — Truth Without Spin

Have you adjusted truth in subtle ways to protect your image or secure an advantage — exaggeration, omission, strategic wording? What did it cost you?

Day 3 — Faithful in the Small

Are there small responsibilities you've been treating lightly that deserve renewed faithfulness? Why do the small things feel safe to neglect?

Day 4 — Clean Hands and a Pure Heart

Are your outward actions aligned with your inward motives, or are you maintaining an appearance while neglecting the heart underneath it?

Day 5 — Integrity and Money

Does your handling of money reflect contentment and trust, or fear and comparison? Be specific — what's one financial decision that reveals which one it is?

Day 6 — Stewarding Time and Talent

Does your use of time and talent reflect faithful stewardship or quiet neglect? Where is the gap between what you say matters and where your hours actually go?

Day 7 — Consistency Under the Surface

Would those closest to you describe your life as consistent beneath the surface? What would they say is the biggest difference between the public version of you and the private one?

Leader Notes

Day 7 is the hinge of this week. Don't rush past it. This is where people can name the gap between public and private without yet having the solution — and that's exactly right. Awareness is the first movement toward integrity, not the finish line.

The room is still new. Some people will be guarded, especially on Day 5 (money) and Day 1 (private life). Don't push for depth that hasn't been earned yet — but do model it yourself. Your honest answer opens more doors than any technique.

Watch for the person who answers every question with a general principle instead of a specific example. A gentle “can you give me a specific example?” is usually the right move.

Weekly Challenge

Pick one area from this week — speech, money, time, or a small responsibility — and make one specific, concrete change this week. Not a resolution. One action. Report back next week.

Closing

Pray specifically for each person by name. If someone named a specific private struggle, pray into that directly without repeating it aloud in detail — they'll know what you mean.

Meeting 3 · Speech That Matches the Heart

Days 8–14 · Integrity in Relationships, Speech, and Conflict

Meeting Purpose

This week moves integrity outward — into speech, promises, conflict, forgiveness, boundaries, and influence. The goal tonight is to help people see that integrity isn't just a private discipline; it's tested every time another person is involved. Watch for where this gets practical fast — conflict and forgiveness tend to surface real, current situations.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm check. Recite this week's memory verse.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Ecclesiastes 12:14 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“But let your communication be, Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil.”

— **Matthew 5:37**

Assign Next Week

“For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.”

— **Ecclesiastes 12:14**

Leader Prep

- Days 10–11 (Conflict, Forgiveness) tend to surface real, current situations people are in right now. Be ready for that — it's a gift when it happens, not a disruption.

- Day 12 (Boundaries) can feel counterintuitive to people who equate boundaries with a lack of grace. Be ready to make the case that boundaries protect integrity rather than oppose it.
- Know this week's memory verse well enough to speak to why it matters — it's short, but it's a high bar.
- Ask yourself before you arrive: is there a commitment I've made that I haven't kept? Answer that honestly tonight, first.

Opening Question

Is there a promise or commitment you've made recently that's harder to keep than you expected? What's making it hard?

Discussion Questions

Day 8 — Speech That Matches the Heart

Do your words consistently reflect the character you profess to follow? When frustration or pressure rises, what actually comes out — and what does that reveal about what's stored underneath?

Day 9 — Keeping Your Word

Are you careful with your commitments, or do you speak quickly and follow through inconsistently? What's one commitment right now you need to either keep or renegotiate honestly?

Day 10 — Handling Conflict Without Compromise

When conflict arises, do you protect your image or guard your integrity? Think of your most recent conflict — which one did you actually do?

Day 11 — Forgiveness Without Excuse

Is there someone you've refused to forgive, letting resentment linger quietly? What is that unforgiveness actually costing you?

Day 12 — Boundaries That Protect Character

Are there environments or habits you've tolerated that quietly weaken your integrity? What would it cost you to create distance from one of them?

Day 13 — Transparency Without Exhibition

Are you willing to live transparently where it matters, or do you rely on private justification? Where specifically do you resist accountability?

Day 14 — Integrity in Influence

If the people who follow your lead — at work, at home, anywhere — imitated your private life, would you be at peace with what they'd learn?

Leader Notes

This week is where the group often gets real for the first time. Conflict (Day 10) and forgiveness (Day 11) are not abstract for most adults — someone in the room is carrying something current. Give it room. Don't rush to resolve it in the meeting; the point is naming it honestly, not solving it tonight.

Day 12 (Boundaries) may need reframing for people who think boundaries are unloving. The devotional's own language is helpful here: boundaries are not weakness, they are wisdom that guards what's valuable.

By now the group has met three times. If someone is still very surface-level, consider a gentle one-on-one check-in after the meeting rather than pushing them in front of the group.

Weekly Challenge

Choose one relationship where speech, conflict, or forgiveness has been left unaddressed. Take one honest step toward it this week — a conversation, an apology, or simply telling the truth you've been avoiding.

Closing

Ask each person to share, in one sentence, the relationship or situation their weekly challenge is pointed at — without necessarily naming the other person. Pray specifically into what was shared.

Meeting 4 · Integrity Under Pressure

Days 15–21 · Temptation, Success, Loss, and Finishing Well

Meeting Purpose

This week tests integrity against pressure from every direction — temptation, secrecy, success, loss, opportunity, and simple follow-through. The goal tonight is to help people see that integrity isn't proven in calm seasons; it's revealed under pressure, in both directions — when things are going well and when they're falling apart.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Follow up on last week's challenge.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Psalm 119:1 together — next week's verse.
- **Close & Prayer**

Memory Verse

Recite This Week

“For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.”

— **Ecclesiastes 12:14**

Assign Next Week

“Blessed are the undefiled in the way, who walk in the law of the LORD.”

— **Psalm 119:1**

Leader Prep

- Day 16 (Integrity When No One Would Know) is the hinge of this whole pillar. Don't let discussion rush past it — this is the question the entire book is built around.
- Days 17–18 (Success, Loss) work as a pair — one tests integrity through blessing, the other through hardship. If your group has anyone currently in either season, this week will land hard. Be ready.

- This week's memory verse is sobering. Help the group move beyond recitation and consider what it means for every work and every secret thing to be known before God.
- Ask yourself: is there a decision right now that I'm making differently because I think no one would know? Answer honestly before you lead.

Opening Question

Without naming specifics if you'd rather not — has there been a moment recently where a decision felt easier because you were confident no one would find out?

Discussion Questions

Day 15 — Integrity Under Temptation

When temptation arises, do you rely on your own confidence or on God's promised way of escape? What does your usual way of escape actually look like in practice?

Day 16 — Integrity When No One Would Know

Is there any secret practice you'd defend because no one else sees it? What would change if you actually believed God sees it as clearly as if it were public?

Day 17 — Integrity in Success

Has recent success strengthened your gratitude, or quietly increased your self-reliance? Be specific about what's changed.

Day 18 — Integrity in Loss

When facing loss, are you tempted to compromise what you'd guard carefully in comfort? What has a hard season revealed about where your integrity actually rests?

Day 19 — Integrity When Opportunity Knocks

Have you mistaken opportunity for permission in any recent decision? What made it feel like permission at the time?

Day 20 — Finishing What You Start

Are there commitments you began sincerely but have neglected without a clear reason? What made you stop?

Day 21 — Private Discipline, Public Strength

What private discipline most needs renewed attention in your life right now — Scripture, prayer, stewardship, guarded speech, guarded thought life?

Leader Notes

Day 16 is the center of gravity for this entire pillar — the question of what you do when no one would know is, in a real sense, what integrity actually is. Give it more time than the agenda suggests if the room is engaging with it honestly.

Days 17 and 18 will land very differently depending on where each person currently is in life. Don't assume the room is uniformly in either a season of success or a season of loss — some will be in both. Let both conversations have room.

This is a natural week for someone to disclose something significant — a current temptation, a recent compromise, an active struggle. Be ready to receive that without visible shock, and follow up privately afterward.

Weekly Challenge

Identify one decision this week where no one would know either way. Choose integrity in that decision specifically because no one would know — and let that be the whole point.

Closing

Pray specifically for private strength — that what's true in secret would match what's true in public for every person in the room. Pray by name.

Meeting 5 · Integrity as Lifestyle

Days 22–28 · Leadership, Consistency, Reputation, and Integrity That Points Forward

Meeting Purpose

The material shifts this week from integrity in individual moments to integrity as a sustained way of life — financial leadership, humility in authority, guarding against drift, reputation, and lifestyle consistency. The goal tonight is to help people see integrity not as a single decision but as a direction they're walking in, day after day.

Suggested Agenda

- **Open** — Brief centering.
- **Accountability Check** — Daily rhythm. Recite this week's memory verse. Last week's challenge follow-up.
- **Opening Question**
- **Discussion**
- **Weekly Challenge**
- **Assign Memory Verse** — Read Psalm 25:21 together — for Days 29–31, closing out the pillar.
- **Close & Prayer**

Memory Verse

Recite This Week

“Blessed are the undefiled in the way, who walk in the law of the LORD.”

— **Psalm 119:1**

Assign Next Week

“Let integrity and uprightness preserve me; for I wait on thee.”

— **Psalm 25:21**

Leader Prep

- Day 25 (Guarding Against Drift) names something most people don't notice happening to them until it's already happened. Help the group see that drift is quiet by nature — that's the whole danger of it.
- Day 24 (Humility and Authority) applies to anyone with influence over anyone else — a parent, a manager, a volunteer leader, not just people with formal titles. Make that connection explicit.

- Before this meeting, take stock of each person in the group. Who has been growing visibly? Who has been quiet? Who do you need to check in with before or after tonight?
- Think about the weekly challenge before you give it. Make it specific enough that you could ask them about it next week and get a concrete answer.

Opening Question

Looking back over these four weeks, where have you noticed the most drift in your own life — even something small?

Discussion Questions

Day 22 — Financial Integrity in Leadership

If your financial stewardship were examined closely, would it reflect clarity and fairness? Where specifically would you want more transparency?

Day 23 — Consistency Over Time

If someone observed your life over the past five years, would they see steady alignment or fluctuating conviction? What's one place that's been inconsistent?

Day 24 — Integrity and Humility in Authority

If those under your influence imitated your private life, would you be at peace with what they'd learn? Where does that answer surprise you?

Day 25 — Guarding Against Drift

Where might subtle drift be happening in your life right now, unnoticed? What's one early-warning sign you tend to ignore in yourself?

Day 26 — Reputation Built on Reality

If someone described your name publicly, what qualities would consistently follow? Is there a gap between that and how you actually want to be known?

Day 27 — Integrity as Lifestyle

Is integrity something you practice occasionally, or something you pursue consistently in every area of life? Where's the biggest exception right now?

Day 28 — Integrity That Points Forward

Has integrity become a preserving force in your life, or is it still something practiced only when circumstances demand it? What would it look like for it to preserve you the way Psalm 25:21 describes?

Leader Notes

Day 25 is worth extra time. Drift is the theme that ties the whole pillar together — nobody decides to have bad integrity all at once. Ask the group directly: what does drift look like before it becomes a crisis?

Day 26 (Reputation) can tip into either vanity or shame depending on the person. Keep steering back to reality over image — the point isn't managing what people think, it's making the private and public match.

Day 28 closes the four main weeks on exactly the right note. Don't rush it. Let the group sit with what “preserve me” actually means before moving to the challenge.

Coming into the final meeting — begin praying now for each person by name. Ask God what He has done in them over these five weeks. You will want to speak specifically to that in Meeting 6.

Weekly Challenge

Write down one area where you've noticed drift this month. Take one specific, concrete step to correct it before Meeting 6 — not a resolution, an action.

Closing

Take a moment tonight to look back at where each person started — the gap they named on Introduction Night. Acknowledge what God has done over these four weeks.

Meeting 6 · Celebration

Days 29–31 (Bonus Days) · Testimony & Commissioning

Meeting Purpose

This meeting is a celebration. Groups close out in different ways, so treat the format loosely rather than as a fixed script — the constants are testimony and commissioning. Consider a different setting than your usual meeting spot — someone's home, a restaurant, wherever fits your group — to mark this as a distinct night of celebration rather than just another meeting. The three bonus days are not worked through day by day; let what surfaced in Days 29–31 come out naturally as people share. People should leave having heard what God has done in them and in each other, and with integrity feeling less like a burden and more like a direction they're already walking in.

Suggested Agenda

- **Open** — Read Psalm 25:21 together. Let it sit.
- **Accountability Check** — Final daily rhythm check. Recite this week's memory verse. Last challenge follow-up.
- **Opening Question**
- **Comments & Testimony — Days 29–31** — Let the bonus days surface through open sharing. Round the room.
- **Group Feedback** — What worked, what was hard, what was missing.
- **Close & Prayer** — Commissioning prayer. By name. For what was shared.

Memory Verse

Recite This Week

“Let integrity and uprightness preserve me; for I wait on thee.”

— Psalm 25:21

Leader Prep

- Go back to Introduction Night. What gap did each person name between what they believed and how they lived? Be ready to speak to how that's changed, for each person in the room.
- Read Days 29–31 carefully. Days 29 and 30 are summary days — they consolidate everything. Day 31 (Align It All) is a challenge, not a reflection. Make sure that distinction lands.

- Prepare something personal to share tonight — one truth from these six weeks that changed something in you. Go first. Always.
- This is a celebration. Let it feel like one. The work was real. The growth is real. Acknowledge it.
- If your group can pull it off, meet somewhere other than the usual room tonight — a home, a restaurant, wherever fits. A different setting signals that this is a celebration, not just the next meeting.
- Remind people to complete the End Assessment in the back of their workbook and compare it to their Start Assessment. This is personal, not group discussion — no meeting time is needed for it.

Opening Question

Day 28 says integrity preserves you — it isn't just something you practice, it's something that protects you. Looking back over the full 31 days, where did that land most deeply for you personally?

Prompts for Testimony — Days 29–31 (Bonus Days)

These are not a day-by-day discussion to work through. Let them surface naturally as people share. Use a prompt only if the room needs a nudge.

Day 29 — Alignment Examined

David prayed “examine me” rather than avoiding scrutiny. Where has examination over these 31 days revealed a necessary change you haven't fully acted on yet?

Day 30 — Foundation Reinforced

Do you sense greater stability beneath your daily decisions than when this pillar began? What's different, specifically?

Day 31 — Align It All

What's one concrete action you'll take to strengthen alignment between what you believe and how you live, starting now?

Round the Room

Go around the room. Every person speaks one truth — specifically, something they've seen God do in the person to their left over these six weeks. Then that person shares their own answer to the question: What is one truth that changed something for me during Integrity?

This is one of the most powerful moments of the entire pillar if you let it run. Don't cut it short. People need to hear what others have seen in them.

Closing

Pray a commissioning prayer — not a closing prayer, a sending prayer. Pray for each person by name. Speak to what you have watched God do in them over these six weeks. Acknowledge the courage it took to be honest, and the faithfulness of God to each person in the room. Then send them forward — living with integrity that is quietly, steadily consistent.

If you are presenting completion certificates, do so now — call each person by name, speak one thing you observed God do in them, and hand it to them personally.

“Let integrity and uprightness preserve me; for I wait on thee.” — Psalm 25:21

Broken Before God. Strong in Christ.

thebrokenstrong.com